

# CIRCLE OF CARE

## Group support and parent education for grieving families

### Contact Us

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EBAC.org/CircleofCare



East Bay Agency for Children's Circle of Care is a unique program that supports children and their families coping with the death of a loved one. This program helps children heal and learn to cope with this traumatic experience through services for the entire family including specialized peer support groups, educational workshops, crisis support, community trainings and information and referral.

## Services Offered

### Peer Group Support

- Support groups are held for all family members, children and adults
- Children meet in groups by age (preschool, elementary school, and teens) and develop skills for coping through the language of play, games, arts, crafts, drama, movement and music
- Adults meet in separate groups and provide peer support
- Groups meet twice monthly
- Grupos de español disponibles

### Parent Education Series

- The Resilient Parenting for Bereaved Families workshops help parents build their capabilities to parent effectively under the stress and trauma of grief
- Families are supported between workshops through take-home skill building activities and self-guided practice models
- Workshops are held every other Thursday for 10-sessions

**All services are provided virtually  
during the COVID-19 pandemic**

Circle of Care services are offered at modest cost, on a sliding scale based on financial means, although no one is turned away due to lack of funds.



### Additional EBAC Services

- Intensive therapeutic services for preschoolers and for youth in special education experiencing severe emotional difficulties
- Counseling for children and youth impacted by trauma
- Outreach and enrollment for public benefits and safety net services plus family case management
- Clinical and case management services for youth at risk of juvenile justice system involvement
- Consulting with organizations to create trauma-informed policies, practices and workforce